

Online & Phone Counselling Agreement

Jules Petrie

Please read the information below as it outlines important information about our online work together. Do let me know if there is anything you would like to question or feel I have missed before signing. Not all issues can be resolved through online counselling and I will advise you if I feel an alternative source of support is in your best interest.

I am a qualified and registered member of the British Association for Counselling and Psychotherapy (BACP). I work in accordance with their Code of Ethics and Professional Practice and hold professional indemnity insurance.

Confidentiality: The counselling sessions are confidential. The only time when I may break confidentiality is if you are at serious risk of causing harm to yourself or others or when I am compelled to do so by law (please refer to FAQ's for more detailed information). If this situation did arise I would explore this with you first.

As part of this safety procedure I request the name of your GP and practice. Counsellors are ethically obliged to have regular supervision but client anonymity is kept. To maintain the boundaries of our work it is not appropriate to engage 'socially' on any social network.

Fees and Payments: Sessions are usually an hour in length. Fees are £35.00 per session. We will discuss the frequency of exchanges by phone or email. Please pay by bank transfer within 48 hours of the session. If the appointment needs changing please give as much warning as is possible. A cancellation fee of 50% of your normal payment will be charged for sessions cancelled with less than 24 hours' notice. There will be a full charge for missed sessions with no notice given.

Once we have decided on the best form of phone or online counselling for you we will decide how to proceed in the event of a failure in IT or phone signal. Please ensure that you are using a private computer/phone and can maintain your privacy for the duration of our session. I will undertake to do the same. Both my computer and phone are password protected.

More information on data privacy and GDPR can be seen on the FAQ page on my website:

www.jpccounseling.net.

Personal crisis procedures: I do not provide an emergency service for clients. If you find yourself in a major crisis please contact your GP, visit A&E or contact the Samaritans on

www.samaritans.org.

If you are happy to proceed with online counselling on this basis please sign the form below. If you are unable to do this online please confirm in an email that you have read and agreed to this contract and noted my privacy policy.

Counselling Agreement and GDPR consent form to begin counselling work:

Name _____

Date _____

GP details _____

Age _____

Gender _____

Emergency contact _____

Signature of client _____

Signature of counsellor _____

Please complete the above and forward by email to Jules Petrie if you agree with the terms.